

REGISTRATION: All registration fees must be prepaid to guarantee registration. Cancellations received prior to April 21, 2018 will receive a full refund. Tuition cost is \$75.00 per person, including all educational credits. For facilities registering five or more at one time (and paying with one check), the cost is \$50 per person. Meals and refreshments included in the registration fee. Please write legibly. **DEADLINE: April 15th**

Name/Title _____

License Number _____

Name of Practice/Facility _____

e-mail _____

Address _____

Phone _____

Payment must accompany registration. Make checks payable to the Iowa Veterans Home and send to Iowa Veterans Home, Attn: Mental Health Conference, 1301 Summit St., Marshalltown, IA 50158. Information on facility will be returned with confirmation of registration. For further information contact the Iowa Veterans Home Education Office (641) 844-6409.

Target Audience:

Nurses, Social Workers, Administrators, Mental Health Professionals and other health care professionals who encounter mental illness in nursing homes, clinics, hospitals and other facilities.

Purpose:

To improve the treatment of mental illness in long-term care settings.

Learning objectives:

Sexually Inappropriate Behavior in LTC Facilities

1. Become more proficient in differentiating between normal expressions of sexuality and sexually inappropriate behavior.
2. Review the potential underlying causes of sexually inappropriate behavior.
3. Discuss pharmacologic non-pharmacologic interventions used to manage sexually inappropriate behavior.

Assessment of Geriatric Depression

1. Review depressive symptoms, subtypes and how geriatric depression differs from other age groups.
2. Discuss association with medical conditions and medications.
3. Evaluate screening tests used to assess depression in late life.
4. Examine cultural barriers that may limit elderly from seeking help.
5. Discuss conditions that can mimic depression.

Optimizing Brain Health

1. Describe Mild Cognitive Impairment (MCI) and different stages of normal cognition.
2. Learn the science behind how to increase cognitive vitality.
3. Learn evidence based life style changes and cognitive vitality.

Why Does He Act This Way? Working with Older Adults with Cognitive Impairment

1. Develop a basic understanding of dementia behaviors, causes, and expressions.
2. State foundational skills to interacting with individuals with dementia.
3. Identify the value of providing a continuum of care during periods of transition for Veterans with challenging dementia-related behaviors.

The Nineteenth Annual Mental Health Issues In Long Term Care Symposium



May 4, 2018

**Iowa Veterans Home
Whitehill Auditorium
1301 Summit Street
Marshalltown, IA**



The Iowa Veterans Home is located in Marshalltown just east of the intersection of Highways 30 and 330.

Course Director:
Douglas Steenblock, MD

Continuing Education Credit

6 Contact Hours will be awarded by the Iowa Veterans Home, Iowa Board of Nursing Approved Provider #66. **Participants must attend the entire program to receive credit.** Participants who complete the activity will receive a certificate of completion.

Other Healthcare Professionals: This interdisciplinary activity may be eligible for the Contact Hours listed above depending on each profession's licensure board requirements.



Iowa Veterans Home Campus

Agenda

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| 8:00-8:20 | Registration/Continental Breakfast |
| 8:20-8:30 | Welcome/Introduction |
| 8:30- 9:30 | Sexually Inappropriate Behavior in LTC Facilities Douglas Steenblock, MD Iowa Veteran's Home |
| 9:30-9:40 | Break |
| 9:40-10:40 | Assessment of Geriatric Depression Susan Duffy, MD University of Iowa |
| 10:40-10:50 | Break |
| 10:50-11:50 | Optimizing Brain Health Yogesh Shah, MD Broadlawns Medical Center |
| 11:50-12:30 | Lunch |
| 12:30-1:00 | Multidisciplinary Panel Discussion |
| 1:00-2:30 | Why Does He Act This Way? Working with Older Adults with Cognitive Impairment Kathleen Matthews, PhD Kyle Page, PhD VA Central Iowa Health Care System |
| 2:30-2:40 | Break |
| 2:40-3:40 | Group Activity |
| 3:40 | Wrap-up /Adjourn/Tour |

The Iowa Veterans Home is sponsoring this conference without the financial support of pharmaceutical corporations.

The Iowa Veterans Home sponsors this annual event for healthcare professionals who work in long-term care settings around the region.

It is a unique opportunity to enhance your ability to manage mental health issues and to network with others who are facing similar challenges.

We would like to thank the following organizations for their support of this conference:



LTC SWI

Long Term Care Social Workers of Iowa